# THIERRY MATTHYS

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**Non-Dual Awareness Facilitator.**

## CAREER OBJECTIVE

I would like to apply for a new position as **Non-Dual Awareness Facilitator**, offering Pure-Awareness sessions and contemplative experiences to hotel and resort Guests.

My objective is to introduce Guests to Non-Dual Awareness through accessible sessions/activities designed to encourage presence, stillness and a deeper understanding of being. (non religious and compatible for all.)

## PROFESSIONAL EXPERIENCE

**2018 – 2026 | Web Developer & Non-Dual Awareness Facilitator.**
Open-source projects — AI & Cloudflare Workers

- Design and development of AI-powered products and applications, including QuanTheo AI.
- Development and deployment of cloud-based applications.
- Non-Dual Awareness Facilitator.

**2014 – 2018 | Video Production & Tourism Consultant**

- Video production for the Belgian Ministry of Agriculture.
- Tourism sector: inspection and evaluation of tours and experiences for the VIP market in Thailand.
- Divided professional activity between Belgium and Thailand (approximately six months in each country).
- Studying Non-Dual Awareness.

**2012 – 2013 | Director & Founder/Marketing**
DATHAI SERVICES Co. Ltd — Thailand
VoIP, SIP, Wi-Fi and LAN systems.

**2000 – 2012 | IPv4 Network Administrator**
Belgium

- Network administration and infrastructure.
- VoIP, SIP, Wi-Fi and LAN systems.

**1997 – 1999 | Beiersdorf**
Belgium - Luxembourg

- Professional experience with an international company behind brands including NIVEA, Hansaplast and TESA.

**1988 – 1997 | Hospitality Industry**
Belgium

- Professional experience as Chef, Waiter and Bartender.
  1996 **| Man of the Year — NESTOR Concept.**
  Belgium
  1997 **| Head Chef — French Restaurant**
  St. Martin, French West Indies

# EDUCATION

**1984 – 1988**
Secondary Education — Arts, Photography and Hospitality (HORECA)

**1977 – 1983**
Primary Education

# LANGUAGES

- French: Native
- English: Fluent
- Thai: Basic conversational level

# PERSONAL INTERESTS & ADDITIONAL EXPERIENCE

- Photography: Former correspondent for Reuters and Associated Press, 2001–2004.
- Snorkelling and kayaking.
- Social interaction, meeting people and discovering different cultures.
- Strong interest in non-dual Awareness.

# PURE BEING - CONCEPT

I would like to introduce an original and interactive wellness experience to your hotel, designed around the five human senses: taste, smell, hearing, touch and sight.

Rather than following a conventional meditation format, guests participate in a sequence of carefully prepared sensory activities.

Through tasting, smelling, listening, touching and observing, participants discover the extraordinary diversity of everyday sensory experiences.

The session is designed to be accessible to everyone, regardless of age, cultural background or previous meditation experience.

No special knowledge or meditation practice is required.

# THE 60-MINUTE EXPERIENCE

## PART ONE — THE FIVE SENSES

Total duration: 25 minutes — 5 minutes per sense

### 1. TASTING — Five Different Flavours

Duration: 5 minutes

Each participant receives five one-bite, carefully prepared tasting portions, each representing a different taste experience:

- Prawn Panang red curry
- Crab Black Pepper
- Scallop Butter & wine
- Squid Nam Jim seafood
- Mantis Tamarin

The portions are served individually, allowing participants to concentrate on each flavour before moving to the next.

The objective is to explore the differences between flavours, textures and sensations.

The presentation can be adapted to the hotel's culinary standards, using small gourmet preparations created in collaboration with the kitchen.

## 2. SMELLING — Five Different Fragrances

Duration: 5 minutes

Participants are introduced to five distinct fragrances using carefully selected perfumes, essential oils or incense.

Each fragrance is presented separately, allowing guests to explore different aromatic profiles.

Possible examples include:

- Roasted Coffee grains
- Fresh Lemon Grass
- Leelawadee flower
- Fresh Peppermint
- Vanilla sticks

Participants discover how different aromas create different sensory impressions.

## 3. HEARING — Five Different Musical Experiences

Duration: 5 minutes

Participants experience five different sounds produced using a selection of musical instruments.

The instruments can include:

- Distinct tones
- Resonance & vibration
- Beginning & fading
- Acoustic textures

Each instrument produces its own distinctive sound, tone, resonance and vibration.

The instruments are presented individually to each guest, with short pauses between them.

Participants are invited to listen carefully to the different sounds experiences, observing the beginning, duration, variations and fading of each sound.

The objective is to explore the diversity of sound through direct listening.

## 4. TOUCHING — Five Different Textures

Duration: 5 minutes

Participants explore the sense of touch through five different materials and textures. Each material is presented individually, allowing participants to physically experience its distinctive characteristics.

Possible examples include:

- Fresh Aloe vera juice
- Rice grains in a small bag
- Shell on a wood plate
- Thai Silk folded
- Coconut shell

Participants are invited to explore the differences in softness, roughness, smoothness, temperature and physical texture. The objective is to discover how different materials create different tactile sensations.

## 5. SEEING— Exploring the Visual Environment

Duration: 5 minutes

For the final sensory activity, participants explore their immediate surroundings. Unlike the previous exercises, no prepared samples are necessary. The hotel environment itself becomes the visual experience.

Participants are invited to observe:

- Colours & contrasts
- Light & shadow
- Shapes & patterns
- Perspective & stillness

A garden, tropical landscape, swimming pool or carefully designed interior can provide an ideal setting for this activity.

# THE QUESTION — A MOMENT OF DISCOVERY

Duration: Immediately after the five sensory experiences

At the conclusion of the five activities, before beginning the facilitated presentation, I introduce one simple but important question:

**"During these five sensory experiences, everything you experienced was temporary and different. The tastes, the smells, the sounds, the textures and everything you saw. But there was one experience that never changed and never ended. Can you find it?"**

Participants are given a moment to consider the question. No answer is immediately provided by the Facilitator.

This question creates a natural transition from the practical sensory activities to the philosophical exploration that follows.

It encourages curiosity and invites participants to investigate their own experience rather than simply receive an explanation.

## PART TWO — FACILITATED SPEECH

Duration: 15 minutes

Following the question, the Non-Dual Awareness Facilitator delivers a carefully structured presentation.

Drawing on the five sensory activities and the question introduced moments earlier, the presentation explores the relationship between sensory perception, experience and awareness.

Participants are encouraged to reflect on the diversity of their sensory experiences and investigate the question for themselves.

This part of the session provides an accessible introduction to non-dual awareness, without requiring participants to have any previous philosophical or meditation background.

The intention is not to impose a belief or provide a predetermined answer, but to encourage direct observation and personal understanding.

## PART THREE — RELAXATION AND NON-DUAL AWARENESS

Duration: 20 minutes

The final part of the experience is dedicated to relaxation, quiet observation and the exploration of non-dual awareness.

Participants are invited to settle comfortably and move away from the more active sensory exercises.

Through gentle facilitation, they are given time to relax, observe their experience and explore the principles introduced during the presentation.

There is no requirement to achieve a particular state or follow a rigid meditation technique.

The emphasis is on direct experience, quiet observation and personal discovery.

This concluding period allows participants to absorb the session at their own pace and provides a calm, meaningful ending to the experience.

# A DISTINCTIVE ADDITION TO YOUR WELLNESS

The Five Senses is designed to offer hotel guests something different from traditional meditation, yoga and relaxation activities.

It is interactive, accessible and memorable.

By combining gastronomy, aromatherapy, music, tactile exploration and visual awareness, the experience brings together several dimensions of wellness in one carefully structured session.

It can be offered as a scheduled group activity, a private experience or an exclusive addition to the hotel's premium wellness packages.

The objective is to give guests an unusual, engaging and memorable experience that they can enjoy during their stay.

# IMPORTANT — NATURE OF THE EXPERIENCE

- **This is NOT Buddhist meditation teaching.**
- The Five Senses is a non-religious, experiential wellness activity based on sensory exploration, awareness and non-dual philosophy.
- It does not involve Buddhist teachings, religious rituals, religious beliefs, chanting, prayer or spiritual instruction.
- The experience is open to everyone, regardless of religious beliefs, cultural background or previous meditation experience.
- The facilitator's role is to guide participants through practical sensory experiences and introduce them to the exploration of non-dual awareness.
- It is an experiential and philosophical activity, not a religious or doctrinal programme.

# Employment proposal

**Position**: Non-Dual Awareness Facilitator

Proposed monthly remuneration:

- Fixed monthly salary: 40,000 THB
- Additional: 500 THB per participating guest.
- Maximum schedule: 2 sessions per day.
- Maximum monthly: 40 sessions.
- **Work permit: Required.** The hotel would need to arrange the appropriate legal employment and work-permit formalities.