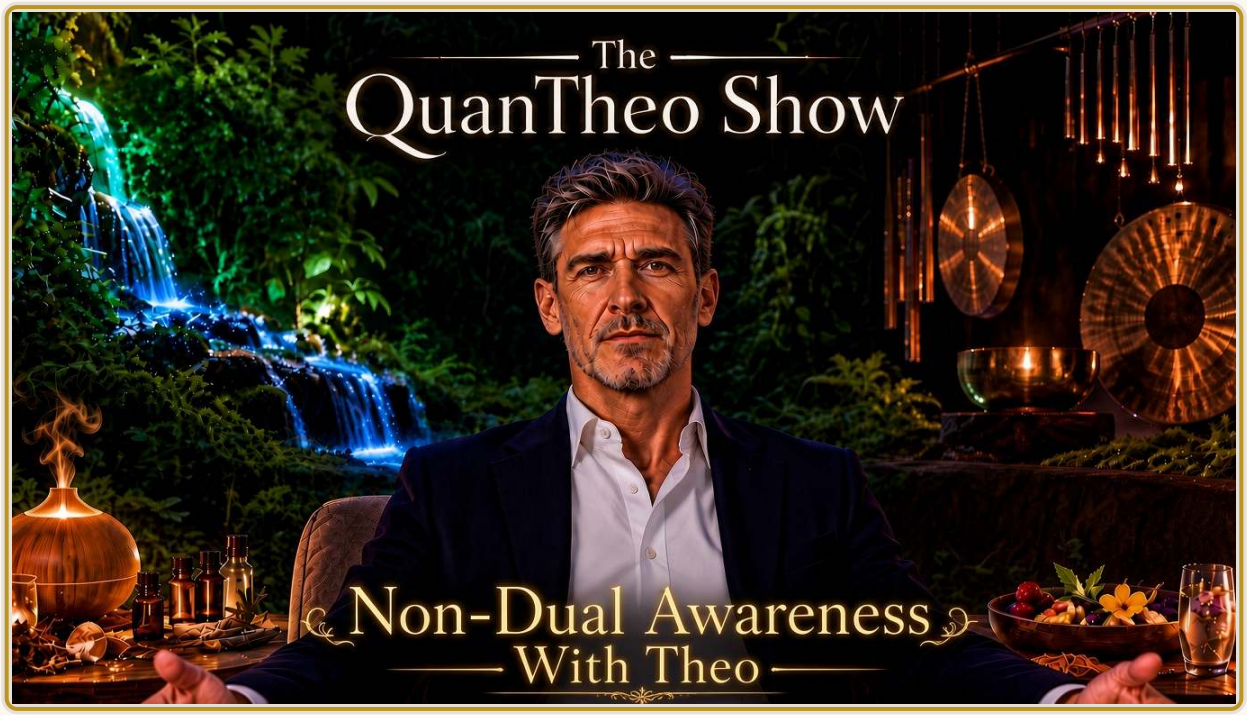


THE “QUANTHEO SHOW”

a 60-Minute Experience with Theo (FR-EN)

(24 pax max)

A DISTINCTIVE ADDITION TO YOUR WELLNESS PROGRAMS

The Non-Dual Awareness "QuanTheo Show" is designed to offer hotel guests something different from traditional on-site activity. It is interactive, accessible and memorable.

By combining gastronomy, fragrances, sounds, tactile exploration and visual experience, the show brings together several dimensions in one carefully structured session.

It can be offered as a scheduled group activity, a private experience or an exclusive addition to the hotel's premium wellness packages.

The objective is to give guests an unusual, engaging and memorable experience that they can enjoy during their stay.

The Non-Dual Awareness “QuanTheo Show” is a non-religious, experiential experience. It is **not Buddhist teaching or practice** and involves no religious beliefs, rituals, chanting, prayer or spiritual instruction. Open to everyone, regardless of religion, age, cultural background or previous experience. 2 shows per day in English or French language.

1

TASTING

— Five Different Flavours —

Duration: ~5 minutes: Each participant receives five one-bite, carefully prepared tasting portions, each representing a different taste experience. The portions are served individually, allowing participants to concentrate on each flavour before moving to the next. The objective is to explore the differences between flavours, textures and sensations. The presentation can be adapted to the hotel's culinary standards, using small gourmet preparations created in collaboration with the kitchen.



2

SMELLING

— Five Different Fragrances —

Duration: ~5 minutes: Participants are introduced to five distinct fragrances using carefully selected perfumes, essential oils or incense. Each fragrance is presented separately, allowing guests to explore different aromatic profiles. Participants discover how different aromas create different sensory impressions.

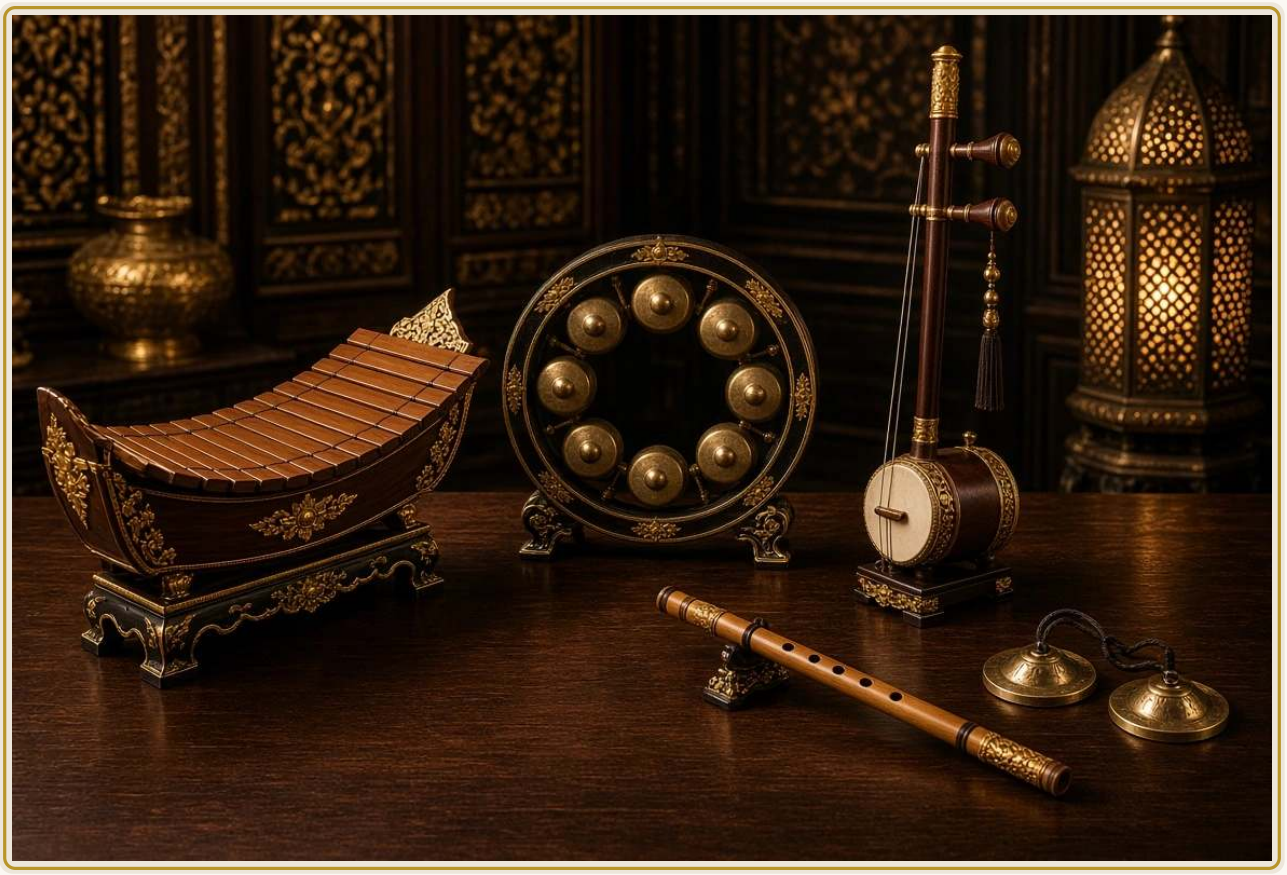


3

HEARING

— Five Different Sounds Experiences —

Duration: ~5 minutes: Participants experience five different sounds produced using a selection of tools. Each tool produces its own distinctive sound, tone, resonance and vibration. The tools are presented individually to each guest, with short pauses between them. Participants are invited to listen carefully to the different sounds experiences, observing the beginning, duration, variations and fading of each sound. The objective is to explore the diversity of sound through direct listening.

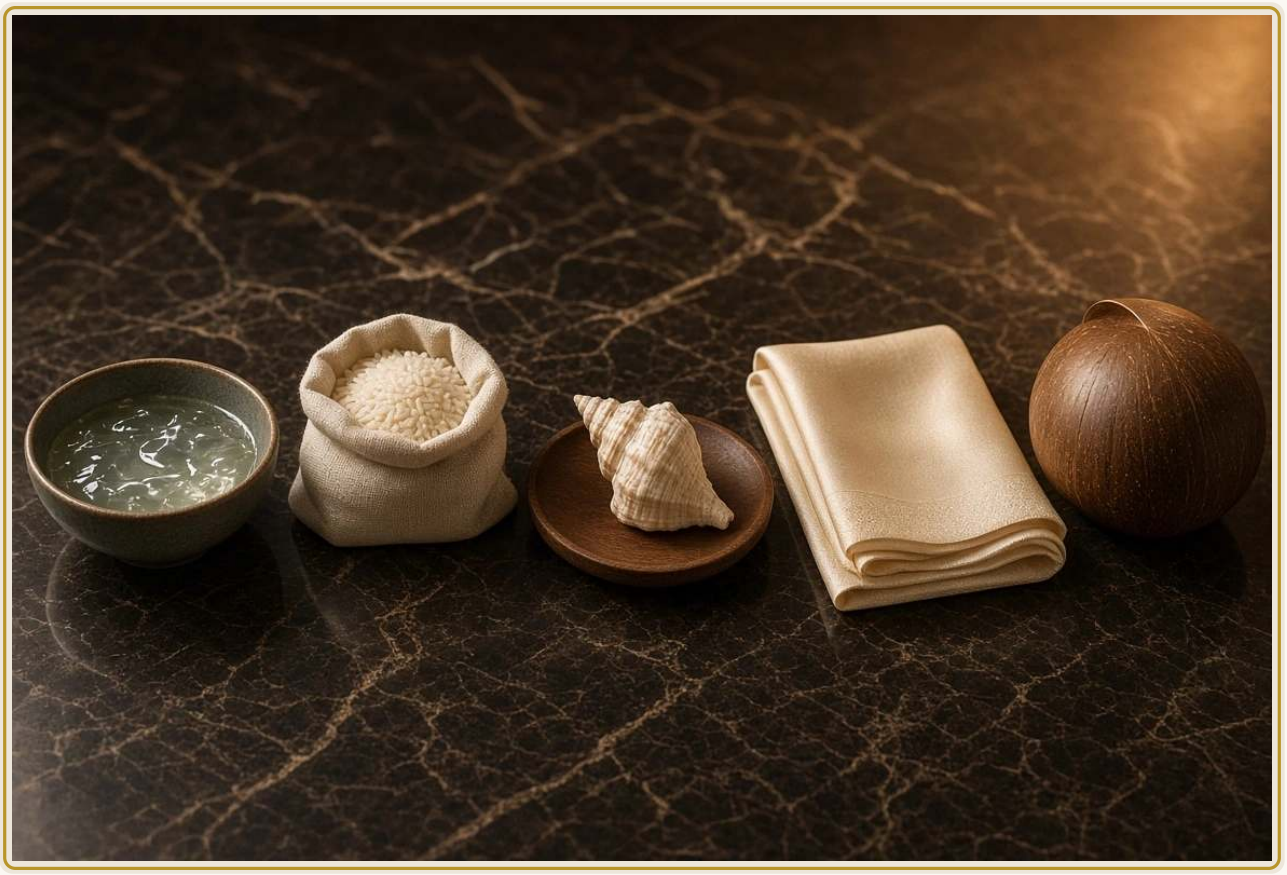


4

TOUCHING

— Five Different Textures —

Duration: ~5 minutes: Participants explore the sense of touch through five different materials and textures hidden in fabric bags. Each material is presented individually, allowing participants to physically experience its distinctive characteristics. Participants are invited to explore the differences in softness, roughness, smoothness, temperature and physical texture. The objective is to discover how different materials create different tactile sensations.

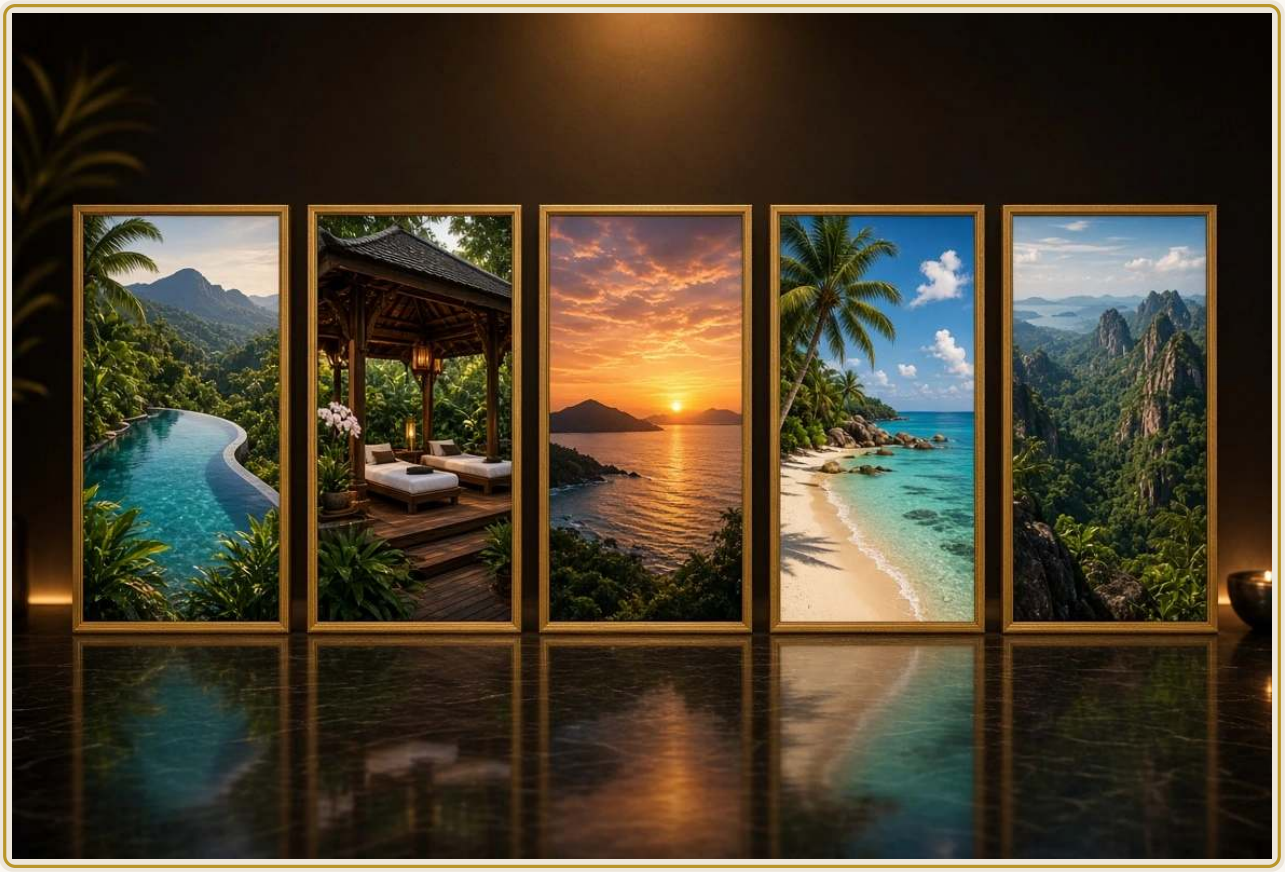


5

SEEING

— Exploring the Visual Environment —

Duration: ~5 minutes: Participants explore their visual surroundings through observation, light and colour. A subtle RGB light show introduces changing colours, reflections and visual patterns, inviting them to experience seeing beyond ordinary perception.



THE QUESTION — A MOMENT OF DISCOVERY

At the conclusion of the five activities, before beginning the facilitated presentation, I introduce one simple but important question:

> *"During these 25 sensory experiences, everything you experienced was temporary and different. The tastes, the smells, the sounds, the textures and everything you saw. But there was one experience that never changed and never ended. Can you find it?"*

Participants are given a moment to consider the question. No answer is immediately provided by the Entertainer. This question creates a natural transition from the practical sensory activities to the philosophical exploration that follows. It encourages curiosity and invites participants to investigate their own experience rather than simply receive an explanation.

PART TWO — FACILITATED SPEECH

Duration: ~15 minutes. Following the question, Theo, your Non-Dual Awareness Facilitator delivers a carefully structured presentation. Drawing on the five sensory activities and the question introduced moments earlier, the presentation explores the relationship between sensory perception, experience and awareness.

Participants are encouraged to reflect on the diversity of their sensory experiences and investigate the question for themselves. This part of the "QuanTheo Show" provides an accessible introduction to non-dual awareness, without requiring participants to have any previous philosophical background.

The intention is not to impose a belief or provide a predetermined answer, but to encourage direct observation and personal understanding.

PART THREE — RELAXATION AND NON-DUAL AWARENESS

Duration: ~20 minutes. The final part of the experience is dedicated to relaxation, quiet observation and the exploration of non-dual awareness. Participants are invited to settle comfortably and move away from the more active sensory exercises.

Through gentle facilitation, they are given time to relax, observe their experience and explore the principles introduced during the presentation. There is no requirement to achieve a particular state or follow a rigid technique.

The emphasis is on direct experience, quiet observation and personal discovery.

This concluding period allows participants to absorb the "QuanTheo Show" at their own pace and provides a calm, meaningful ending to the experience.

Please consider the environment before printing — share digitally whenever possible.